



SOLO FRUIT

		S.West 6 Box	S.West 10 Box
Apple - Diced	(10kg)	£20.75	£19.75
Banana - Slices	(10kg)	£17.00	£16.00
Blackberry	(10kg)	£21.50	£20.50
Blackcurrant	(10kg)	£29.00	£28.00
Blueberry WILD	(10kg)	£41.00	£40.00
Blueberry CULTIVATED	(10kg)	£38.25	£37.25
Cherry DARK SWEET	(10kg)	£28.25	£27.25
Cranberry	(5 x 1kg)	£19.00	£18.00
Grapes	(10kg)	£21.00	£20.00
Gooseberry	(10kg)	£28.00	£27.00
Kiwi Slices	(10kg)	£22.00	£21.00
Lychee	(5 x 1kg)	£18.50	£17.50
Mandarin Segments	(10kg)	£21.00	£20.00
Mango Chunks	(10kg)	£20.00	£19.00
Melon - Balls (Honey Dew)	(10kg)	£21.25	£20.25
Papaya Chunks	(10kg)	£20.00	£19.00
Peach Slices	(10kg)	£21.00	£20.00
Pineapple	(10kg)	£19.50	£18.50
Pommegranate	(10kg)	£31.50	£30.50
Raspberry	(10kg)	£24.50	£23.50
Redcurrant	(10kg)	£24.00	£23.00
Strawberry	(10kg)	£21.00	£20.00

10KG MIXED FRUIT

Strawb / Blackb / Blackc / Redc / Blueb / Raspberry		£30.75	£29.75
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PUREE

Coconut in tubs	(6 x 1kg)	£34.00	£33.00
Passion Fruit in tubs	(6 x 1kg)	£34.00	£33.00
Acai in broken chunks	(1 kg bag)	£12.00	£11.00
Acai in sachets	(60 x 100g)	£30.95	£29.95
Acerola in sachets	(60 x 100g)	£25.45	£24.45
Guava in sachets	(60 x 100g)	£24.45	£23.45

SCOOP FAT FREE YOGHURT

Natural in Portions	(105 per case)	£30.95	£29.95
Natural in TUBS	(6 x 4 litre tubs)	£25.95	£24.95
Strawberry in TUBS	(6 x 4 litre tubs)	£28.95	£27.95

SORBET (mix any 6 for a case)

Natural Flavoured Sorbets	(4 litres tub)	£5.67	£5.50
Lemon			
Mixed Berry			
Passion Fruit			

DELIVERY CHARGES

No of Boxes

6
4 to 5

FREE

£7.50

No of Boxes

10
8 to 9
6 to 7
4 to 5

FREE

£5.00
£10.00
£15.00



100g SMOOTHIE SACHETS (60 sachets per case)

	S.West 6 Box	S.West 10 Box
ARAM1 - Peach / Strawberry	£26.50	£25.50
ARAM2 - Pineapple / Strawberry	£26.50	£25.50
ARAM3 - Mango / Strawberry	£26.50	£25.50
ARAM4 - Raspberr / Blueberry	£34.50	£33.50
ARAM5 - Raspberr / Mango	£28.50	£27.50
ARAM6 - Strawberry / Raspberr	£28.50	£27.50
ARAM7 - Strawberry / Banana	£26.50	£25.50
ARAM8 - Straw / Rasp / Blackberry	£28.50	£27.50
ARAM9 - Mango / Melon / Pineapple / Kiwi	£26.50	£25.50

100g SMOOTHIE SACHETS (30 sachets per case)

SM1 - Peach / Strawberry	£14.75	£13.75
SM2 - Pineapple / Strawberry	£14.75	£13.75
SM3 - Mango / Strawberry	£14.75	£13.75
SM4 - Raspberr / Blueberry	£18.75	£17.75
SM5 - Raspberr / Mango	£15.75	£14.75
SM6 - Strawberry / Raspberr	£15.75	£14.75
SM7 - Strawberry / Banana	£14.75	£13.75
SM8 - Straw / Rasp / Blackberry	£15.75	£14.75
SM9 - Mango / Melon / Pineapple / Kiwi	£14.75	£13.75

150g SMOOTHIES SACHETS (60 sachets per case)

Strawberry Delight (Straw/Peach/Papaya)	£35.50	£34.50
Strawberry Fantasy (Straw/Banana)	£35.50	£34.50
Raspberr Heaven (Rasp/Blue/Mango)	£38.00	£37.00
Pineapple Sunset (Pine/Mango/Papaya)	£35.50	£34.50
Mango Dream (Mango/Pear)	£35.50	£34.50
Jungle Juice (Acai/Straw/Blue/Mango)	£38.00	£37.00
Power Granate (Pomme/Straw/BlackC/Apple)	£38.00	£37.00
Berry Burst (Blueberry, Blkberr+currant, banana)	£38.00	£37.00
Coconut Crush (Pineapple, Coconut Milk)	£38.00	£37.00

150g SMOOTHIES SACHETS (30 sachets per case)

Berry Burst (Blueberry, Blkberr+currant, banana)	£20.50	£19.50
Coconut Crush (Pineapple, Coconut Milk)	£20.50	£19.50
Strawberry Delight (Straw/Peach/Papaya)	£19.25	£18.25
Strawberry Fantasy (Straw/Banana)	£19.25	£18.25
Raspberr Heaven (Rasp/Blue/Mango)	£20.50	£19.50
Pineapple Sunset (Pine/Mango/Papaya)	£19.25	£18.25
Mango Dream (Mango/Pear)	£19.25	£18.25
Jungle Juice (Acai/Straw/Blue/Mango)	£20.50	£19.50
Power Granate (Pomme/Straw/BlackC/Apple)	£20.50	£19.50

500g SMOOTHIE SUPPLEMENTS (any 4 tubs to a case)

Fibre	£9.95	£9.95
NRG	£9.95	£9.95
Over Hang	£9.95	£9.95
Antioxidant	£9.95	£9.95
Bug Buster	£9.95	£9.95
Multi Vit	£9.95	£9.95
Vit C	£9.95	£9.95
Whey Protein	£9.95	£9.95
Chill Out	£10.95	£10.95
Slender Blend	£11.95	£11.95

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JUICES - From Concentrate (4 x 5ltr bags = 20 litres)

	S.West 6 Box	S.West 10 Box
Cloudy Apple	£26.50	£25.50
Orange	£26.50	£25.50
Pineapple	£26.50	£25.50
Topical Mix; Orange, Mango and Apple (2 x 10ltr)	£25.00	£24.00

PREMIUM JUICES - NFC (4 x 5ltr BAGS = 20 litres)

	S.West 6 Box	S.West 10 Box
Cloudy Apple	£31.00	£30.00
Orange	£29.00	£28.00
Pineapple	£32.50	£31.50

FRESH JUICING ORANGES

	S.West 6 Box	S.West 10 Box
15kg case	£13.50	£12.50

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£10.00
£15.00



SCOOP SHAKE ICE CREAM

Vanilla Ice Cream (6 x 4 litre tubs)

**S.West
6 Box**

£16.95

**S.West
10 Box**

£15.95

SOFT SERVE - LIQUID ICE CREAM (Machine Served)

Vanilla - MEDIUM Case of Gerry Cans (3 x 5ltrs)

£21.95

£20.95

SOFT SERVE - LIQUID YOGHURT (Machine Served)

Tart - MEDIUM Case of Gerry Cans (3 x 5ltrs)

£30.95

£29.95

YOGGIE 'HEALTHY' SHAKES (mix any 3 for a case)

Single Portions (12 x 250ml)

Just Vanilla

£8.98

£8.65

Strawberry

£8.98

£8.65

Raspberry

£8.98

£8.65

Banana

£8.98

£8.65

Blackcurrant

£8.98

£8.65

SWEET 'INDULGENT' SHAKES (mix any 3 for a case)

Single Portions (12 x 250ml)

Choc Chip

£8.98

£8.65

Mint Choc Chip

£8.98

£8.65

Toffee Fudge

£8.98

£8.65

Rum & Raisin

£8.98

£8.65

Smarties

£8.98

£8.65

FRUIT + FLAVOURED SYRUPS B286

TEISSEIRE Syrups (700ml bottle)

Almond

£4.67

£4.50

Apple

£4.67

£4.50

Banana

£4.67

£4.50

Blackcurrant

£4.67

£4.50

Caramel

£4.67

£4.50

Cherry

£4.67

£4.50

Chocolate

£4.67

£4.50

Cinnamon

£4.67

£4.50

Coconut

£4.67

£4.50

Hazelnut

£4.67

£4.50

Lime

£4.67

£4.50

Mint

£4.67

£4.50

Passion Fruit

£4.67

£4.50

Peach

£4.67

£4.50

Pineapple

£4.67

£4.50

Raspberry

£4.67

£4.50

Strawberry

£4.67

£4.50

Vanilla

£4.67

£4.50

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£15.00



FROZEN SOFT SERVE YOGHURT (3 x 5 LTRS)

Defrost and pour into your soft serve machine

	S.West 6 Box	S.West 10 Box
Classic Tart	£30.95	£29.95
Caramel	£30.95	£29.95
Chocolate	£30.95	£29.95
Green Tea	£30.95	£29.95
Mango	£30.95	£29.95
Passion	£30.95	£29.95
Pomegranate	£30.95	£29.95
Strawberry	£30.95	£29.95
Vanilla	£30.95	£29.95
Wild Cherry	£30.95	£29.95

YOGHURT POWDER mix

Mix 1 kg foil pack with 6 litres of milk

Pour into your soft serve machine

Foil packed powdered yoghurt (6 x 1kg = 6kg)	£47.00	£46.00
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REAL FRUIT COULIS toppings in 'easy squeeze' bottles

Defrost and squeeze over yoghurt

Raspberry (6 x 500ml)	£15.70	£14.70
Strawberry (6 x 500ml)	£15.70	£14.70
Mixed Berries (6 x 500ml)	£15.70	£14.70
Tropical Fruits (6 x 500ml)	£15.70	£14.70

GREEN TEA powder supplement

500g re-sealable container with scoop measure	£28.95	£28.95
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YOGHURT TUBS and SPOONS

8oz Plain Tub (case of 500)	£30.95	£29.95
12oz Plain Tub (case of 500)	£35.95	£34.95
16oz Plain Tub (case of 500)	£40.95	£39.95
16oz Domed Lid for Pot (1000 per case)	£45.95	£44.95
Clear Quality Plastic Spoons (case of 1000)	£23.95	£22.95

RICH & DELICIOUS SAUCE TOPPINGS

(mix any 4 bottles for a case)

Dark Chocolate (1.9ltr)	£14.50	£14.25
White Cocolate (1.9ltr)	£14.50	£14.25
Caramel (1.9ltr)	£14.50	£14.25

CHEEKY TREAT SWEET TOPPINGS

(mix any 6 tubs for a case)

3 Colour Krispies	£12.17	£12.00
Caramel Cubes	£13.17	£13.00
Caramel Crunch	£10.17	£10.00
Dolly Mixtures	£8.17	£8.00
Jelly Babies	£8.17	£8.00
Jelly Beans	£8.17	£8.00
Lemon Crunch	£10.17	£10.00
Mini Chocolate Beans	£11.17	£11.00
Mini Eggs	£9.17	£9.00
Raisins - Chocolate Coated	£13.17	£13.00
Raisins - Yogurt Coated	£13.17	£13.00

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CHOC-O-LAIT STICKS (4 boxes per case)

Boxes of 24 Sticks (individually flow wrapped)

	S.West 6 Box	S.West 10 Box
Milk	£14.20	£13.95
Dark	£14.20	£13.95
Hazelnut	£14.20	£13.95
Cointreau	£14.20	£13.95
Cinnamon	£14.20	£13.95
Coffee	£14.20	£13.95
Caramel	£14.20	£13.95
Cups & Saucers (6 per box)	£14.20	£13.95
Case of 6 Gift Packs each with 1 mug and 4 sticks	£36.50	£35.50
Case of 4 Gift Tins containing 9 sticks	£33.50	£32.50

CHOC-O-LAIT BARS (24 bars/box - 4 boxes per case)

Boxes of 24 Bars - all individually foil wrapped

Dark - 65% Cocoa	£14.20	£13.95
Dark Milk - 40% Cocoa	£14.20	£13.95
Hazelnut Milk - 35% Cocoa	£14.20	£13.95

ZUMA HOT CHOCOLATE

ORIGINAL Single tin (2kg)	£12.95	£11.95
ORIGINAL Tin Pack (6 x 2kg)	£57.95	£56.95
DARK Tin Pack (6 x 2kg)	£74.95	£73.95
Marshmallows (24 x 150g)	£25.45	£24.45

COFFEE BEANS (5 x 1 kg bags to a case)

Mundo Novo Coffee Bean (1 kg foil bag)	£8.20	£8.00
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TWININGS Traditional Teas (any 6 boxes to a case)

Everyday (100 tagged tea bags)	£4.22	£4.22
Traditional English (50 enveloped bags)	£3.72	£3.72
Earl Gray (50 enveloped bags)	£3.72	£3.72

TWININGS Speciality Teas (any 12 boxes to a case)

Infusion Teas (20 envelopes per box)

Camomile	£1.61	£1.61
Peppermint	£1.61	£1.61
Orange and Cranberry	£1.61	£1.61
Lemon and Ginger	£1.61	£1.61
Blueberry and Apple	£1.61	£1.61

Green Teas (20 envelopes per box)

Orange and Lotus Flower	£1.75	£1.75
Cranberry	£1.75	£1.75

White Tea (20 envelopes per box)

White Tea with Pommegranate	£2.13	£2.13
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FRUIT + FLAVOURED SYRUPS (mix any 6 for a case)

TEISSEIRE Syrups (700ml bottle)

Almond, Caramel, Cinnamon Hazelnut, Vanilla and other flavours	£4.67	£4.50
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SUGARS STICKS

Brown Sugar Sticks (1,000 per case)	£15.00	£14.00
White Sugar Sticks (1,000 per case)	£15.00	£14.00

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6 to 7	£10.00
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RECYCLEABLE SMOOTHIE CUPS (1000 per case)

	S.West 6 Box	S.West 10 Box
10oz PP Cups	£32.45	£31.45
12oz PP Cups	£37.45	£36.45
16oz PP Cups	£42.45	£41.45
20oz PP Cups	£47.95	£46.95
DOMED PP Lids	£28.95	£27.95
FLAT PP Lids	£28.95	£27.95

BIO-DEGRADABLE SMOOTHIE CUPS (1000 per case)

1oz PLA Shot Cups	£30.95	£29.95
10oz PLA Cups	£49.45	£48.45
12oz PLA Cups	£54.95	£53.95
16oz PLA Cups	£65.95	£64.95
20oz PLA Cups	£70.95	£69.95
PLA Domed Lids	£29.95	£28.95

BIO-DEGRADABLE POTS ideal for Soups and Yoghurt

8oz Pot (500 per case)	£30.95	£29.95
12oz Pot (500 per case)	£35.95	£34.95
16oz Pot (500 per case)	£40.95	£39.95

SMOOTHIE STRAWS

Jumbo Straws (1,000 per case)	£11.95	£10.95
Jumbo Straws (4,000 per case)	£26.95	£25.95

HOT CUPS - BIO DOUBLE WALLED RIPPLE

12oz Double wall Ripple Cup - Green (case of 500)	£30.50	£29.50
16oz Double walled Ripple Cup - Green (case of 500)	£35.50	£34.50
12 / 16oz Sip Lids - White (case of 1000)	£26.95	£25.95

HOT CUPS - BIO SINGLE WALLED (cases of 1000)

4oz Shot Cups	£28.95	£27.95
8oz Single Walled Cups	£38.95	£37.95
12oz Single Walled Cups	£46.95	£45.95
16oz Single Walled Cups	£48.95	£47.95
8oz Sip Lids	£24.95	£23.95
12 / 16oz Sip Lids	£26.95	£25.95
Cup Sleeves - 8oz	£24.95	£23.95
Cup Sleeves - 12/16oz	£24.95	£23.95

BIO-DEGRADABLE CUP CARRIERS

4 Way Cup Carrier (210 per case)	£38.00	£37.00
4 Way Cup Carrier (300 per case)	£50.00	£49.00

CUP STIRRERS & SPOONS

Stirrers (4000 per case)	£13.95	£12.95
Clear Quality Plastic Spoons (case of 1000)	£23.95	£22.95

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BYRON BAY COOKIES

Single Wrap Cookies (12 to a box/4 boxes to a case)

Triple Chocolate - Gluten Free (12)

£10.50

£10.25

White Choc and Macadamia - Gluten Free (12)

£10.50

£10.25

Packs of Cookies (24 packs of 6 cookies to a case)

(can be ordered in mixed flavours)

Triple Chocolate (pack of 6 cookies)

£4.21

£4.17

Clowning Around (pack of 6 cookies)

£4.21

£4.17

Dotty (pack of 6 cookies)

£4.21

£4.17

Sticky Date and Ginger (pack of 6 cookies)

£4.21

£4.17

Fig and Pecan (pack of 6 cookies)

£4.21

£4.17

Natural Honey and Oatmeal (pack of 6 cookies)

£4.21

£4.17

Strawberry and Cream (pack of 6 cookies)

£4.21

£4.17

Lemon and White Chocolate (pack of 6 cookies)

£4.21

£4.17

Banoffee (pack of 6 cookies)

£4.21

£4.17

Dark Chocolate Orange (pack of 6 cookies)

£4.21

£4.17

Single Cookie Jar (cookies not included !)

£12.95

£12.95

4 x Cookie Jar Set (cookies not included !)

£39.95

£39.95

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£10.00
£15.00



Finest ORGANIC Soups

- ✓ Organic Ingredients
- ✓ Authentic Recipes
- ✓ Wholesome & Nutritious
- ✓ Handmade
- ✓ Gluten & Wheat Free
- ✓ No Stabilisers
- ✓ No thickeners
- ✓ No additives
- ✓ No preservatives

FROZEN SOUP (freezer life is generally 3 to 6 weeks)

SIMPLY DEFROST AND HEAT

(any 6 X 2 litre bottles to a case)

Prices per 2 litre bottle

Carrot & Coriander ()**

Crammed with big fat carrots and coriander leaf

£5.67

£5.50

Sun Dried Tomato & Basil ()**

Plum and sun dried tomatoes, celery, carrots, basil

£5.67

£5.50

Winter Vegetable (v.)**

spices, chick peas, tomato, carrot, leek, courgettes, onions, ginger, apricots, lentils and coriander

£5.67

£5.50

Leek & Potato ()**

Leeks, potato, onions, carrots and parsley

£5.67

£5.50

Thick Lentil & Tomato (v.)**

an intoxicating blend of red lentils, tomatos and chilli

£5.67

£5.50

Farmhouse Chicken & Vegetable ()**

with fresh organic garlic, thyme & rosemary

£5.67

£5.50

v. suitable for vegans.

**Gluten and wheat free

S.West
6 Box

S.West
10 Box

DELIVERY CHARGES

No of Boxes

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4 to 5

FREE

£7.50

No of Boxes

10
8 to 9
6 to 7
4 to 5

FREE

£5.00
£10.00
£15.00



Promotional posters free of charge (A1 size)
Please ask for your posters with your order

4.75 litre Napoli Trays

(Mix any 3 Napoli trays to a case)

Vanilla	£9.48	£9.15
Strawberry	£9.48	£9.15
Mango	£9.48	£9.15
Raspberry Pavlova	£9.48	£9.15
Blackcurrant & Cream	£9.48	£9.15
Coffee	£9.48	£9.15
Honeycomb	£9.48	£9.15
Triple Chocolate	£9.48	£9.15
Mint Choc Chip	£9.48	£9.15
Toffee Fudge	£9.48	£9.15
Rum & Raisin	£9.48	£9.15
Turkish Delight	£9.48	£9.15
Wild Cherry	£9.48	£9.15

**S.West
6 Box**

**S.West
10 Box**

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4 to 5

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£7.50

No of Boxes

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8 to 9
6 to 7
4 to 5

FREE
£5.00
£10.00
£15.00